



## **Interfaith Community Services is overwhelmed by community need!**

### **Ways You and Your Family Can Help During the COVID-19 Crisis!**

#### **COVID-19 Crisis Needs List**

***IMPORTANT NOTE: If you are quarantined, but want to donate, you can order many of the needed items through AMAZON and have direct shipped to: COVID-19 Donations, Interfaith Community Services, 550 West Washington Avenue, Escondido, CA 92025. Please signify your purchase is a “gift” with your name and address in the comments area so Interfaith can thank you!***

***You can also now go directly to Interfaith’s Amazon wish list link to order already identified needs:***  
[https://www.amazon.com/hz/wishlist/ls/2HYAI1LIOORX7/ref=cm\\_go\\_nav\\_hz](https://www.amazon.com/hz/wishlist/ls/2HYAI1LIOORX7/ref=cm_go_nav_hz)

#### **Food Items**

- **FRESH Meats & Chicken — Greatest need!**
- Sliced Deli Meats & Cheeses (for Sack Lunch sandwich-making)
- Canned Chicken & Canned Tuna
- Macaroni & Cheese
- Rice
- Beans (Dried)
- Hearty Soups, Stew, Chilis
- Cup of Noodles, Top Ramen
- Pasta Sauce (Cans or Jars)
- Canned Fruits or Vegetables (Corn or Green Beans)
- Peanut Butter & Jelly (or Jam)
- Cereal, Oatmeal, Breakfast Items

(Family-size)

- Almond Milk
- Mixed Nuts

(Family Size or Individual Size Bags)

- Dried Fruits
- Crackers, Cookies, Snack Items (Family Size)
- Sugar (2 to 5 lb Bags)

#### **Hygiene Items**

- **Feminine Hygiene Products (Pads & Tampons) Greatest need!**
- Shampoo & Conditioner
- Toothbrushes

- Toothpaste
- Soap & Shower Gel
- Deodorant
- Razors
- Small Packages of Hand Wipes
- Toilet Paper

### **Baby Items**

- Baby Formula
- Baby Food
- Diapers (Pull-Ups: 2T- 3T; 4T-5T)
- Baby Wipes

### **Supplemental Items**

- Laundry Detergent (Pods)
- Disinfectant Wipes
- Paper Towels
- Socks (New please.)

### **Drive-Up and Drop-Off Donations!**

Weekdays from 8:00 am to 5:00 pm

**Interfaith Community Services** 550 West Washington Avenue, Escondido, CA 92025 (Corner of Quince Street)

Enter our facility from the Quince Street driveway. Our staff will direct you to a parking space where we will happily receive an in kind or monetary donation.

### **Volunteer opportunities: (some are off-site) On-site activities meet social distancing and protective gear requirements.**

#### ***IMPORTANT!***

*Please do NOT drop-in to help at any of the Interfaith locations. Due to social distancing, Interfaith must schedule volunteers based on social distancing requirements and our available space. Social distancing and protective gear requirements a MUST when volunteering onsite. Interfaith has masks and gloves for your protection.*

#### **Pantry Volunteer**

Directly combat the COVID-19 pandemic by bagging a supply of groceries and hygiene products for adults and children currently food insecure because of the loss of employment and other crisis-related causes. By filling the orders placed in our emergency food pantry and stocking shelves with food, you will be nourishing people to help keep them safe during this unprecedented time.

- One shift per week or multiple shifts per week (weekdays only)
- Weekdays: 8:00 am to 12:00 pm (morning shift); 1:00 pm to 4:00 pm (afternoon shift)

#### **Chef's Aide**

Are you a “philanthropic foodie” looking to help? How about partnering with our staff chefs to assist with preparing meals and feeding approximately 30 residents of our Recovery & Wellness Center, a residential treatment program at our Betty & Melvin Cohn Center headquarters located at 550 West Washington Avenue in Escondido. Your skills in the kitchen will also help feed up to 30 residents (20 veterans; 10 non-veterans) residing at our Hawthorne Veteran & Family Resource Center, a place in Escondido where people currently

homeless can recuperate from a serious illness or injury.

- One shift per week or multiple shifts per week (lunch and/or dinner shifts)
- Every day: 10:00 am to 1:00 pm (lunch); 4:00 pm to 6:30 pm (dinner)

### **Road to Recovery Driver**

Help residents recuperating from serious illnesses or injuries at Interfaith's Hawthorne Family & Veteran Center become healthy again and provide the basic need of nutrition by transporting meals from our kitchen at 550 West Washington Avenue, Escondido to our recuperative care center at 250 North Ash Street, Escondido. While you are there, help serve the meal and afterwards return our equipment back to our main campus.

Note: Your vehicle must have enough space to carry 3 to 4 coolers.

- One shift per week or multiple shifts per week (lunch and/or dinner shifts)
- Every day: 11:30 am to 12:30 pm (lunch); 4:30 pm to 5:30 pm (dinner)

### **Sack Lunch Building**

During the COVID-19 crisis, we are distributing more than double the amount of sack lunches each day than before. You can help by providing the volunteer-power and/or the ingredients (we supply the bread) and bringing them to our nutrition center at 550 West Washington Avenue, Escondido to make sandwiches and pack sack lunches. This is a great activity for kiddos!

- One shift per week or multiple shifts per week (lunch and/or dinner shifts)
- Weekday Mornings: 5:30 am to 7:00 am (One to three volunteers per morning needed.)
- Weekday Afternoons: 1:30 pm to 3:30 pm (Shifts vary from one-hour to two-hours.)
- To schedule a date/time to deliver sack lunches made offsite, please send an email to [getinvolved@interfaithservices.org](mailto:getinvolved@interfaithservices.org).

### **Bulk Item Repackaging**

Spread the generosity of donations by repackaging bulk items such as rice, beans, oatmeal, dog food, laundry detergent, etc. to smaller containers/Ziploc-type bags as we strive to ensure everyone in our community has their basic needs fulfilled.

- One shift per week or multiple shifts per week (lunch and/or dinner shifts)
- Weekdays: 9:00 am to 3:00 pm (Shifts vary from one-hour to two-hours.)
- This can be an offsite project you can do at home yourself or with the people you are sheltering in place with, such as your children. Please send an email to [getinvolved@interfaithservices.org](mailto:getinvolved@interfaithservices.org) for more information.

### **Front Desk Administrative Support**

Supportive Services at Interfaith needs administrative support at our headquarters at 550 West Washington Avenue, Escondido. Volunteers would perform a wide range of administrative, clerical, and front office support duties for our team in a professional, secured office environment. Responsibilities include answering phones (multi-line system) and responding, with the highest level of client care, to basic questions regarding our programs and services while maintaining strict confidentiality, clear boundaries, and following policies and procedures for the agency. Ability to speak Spanish a plus.

- One shift per week or multiple shifts per week
- Weekdays: 8:00 am to 12:00 noon (morning shift); 12:00 noon to 4:00 pm (afternoon shift)

### **Face Mask Production**

Interfaith staff and volunteers provide essential services to hundreds of people throughout North San Diego County each day and it is now a requirement for us to wear face masks when doing that. You can help ensure we have enough masks for residents in our shelters, staff, and volunteers by making and donating face masks.

- This is an offsite project you can do at home yourself or with the people you are sheltering in place with. Please send an email to [getinvolved@interfaithservices.org](mailto:getinvolved@interfaithservices.org) for more information.
- To deliver face masks, simply use our drive-up donation service, weekdays from 8:00 am to 5:00 pm, at our headquarters located at 550 West Washington Avenue, Escondido.

**Connect with Us!**

Send an email to [getinvolved@interfaithservices.org](mailto:getinvolved@interfaithservices.org) stating the opportunity you are interested in or if you have questions about how you can help. Please provide the days/times when you are available and how many people you have in your group (or just you) to help.

Micki Hickox

Volunteer Services Manager

760-489-6380, ext. 204: Office 760-658-0151: Mobile