



ST. BARTHOLOMEW'S EPISCOPAL CHURCH

News from the Hill

February 2020

Poway, CA

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The Lenten Journey

The Rev. Canon Allisyn Thomas

Lent . . . I can think of no other church season that inspires such mixed responses. Beginning on Ash Wednesday and ending on Holy Saturday, it is the time of preparation for Easter, in which the faithful are called to a period of repentance, humility, and engaging our mortality. A nifty little video called “Lent in 3 Minutes,” says Lent is the time for spring cleaning our lives.

It’s an apt metaphor in many ways. We generally like the results of a good spring cleaning. We seldom like to do it.

It certainly can be daunting. Gertrud Mueller Nelson writes in her book *To Dance with God*, “Thinking about Lent is not my favorite thing to do . . . in Lent we come to know that the only way to our healing and wholeness comes paradoxically through dismembering.”

Likewise, theologian Frederick Buechner notes, “During Lent, Christians are supposed to ask one way or another what it means to be themselves.”¹ In other words, what does being Christian truly entail? What does being Christian for us

truly entail? Are we really willing to follow Jesus, knowing it will often take us places that are uncomfortable and cause us to question many things we take for granted or at least wish to?

We know intellectually we have things we need to let go in order to take up the new and see where God is leading us. But when we get in touch with what those things are, we see how our dependencies, addictions (not just to substances but the desire for comfort or control for example), and habits can lead us away from God.



Ugh.

So to help keep us focused on this spring cleaning of our lives, what following Jesus truly entails, many people take on some sort of Lenten disciple—usually involving giving something “up” such as chocolate, wine, or red meat. Others may take something on, such as an additional prayer practice.

But what often gets lost in this is the reason we take on such a special

The Lenten Journey

continued from page 1

The Rev. Canon Allisyn Thomas

discipline. It is not just to show us how we stray from God but rather help us to instead focus on our relationship with Jesus and ever deepen that relationship. For instance, if we give up cookies, every time we are tempted to have one, we use the moment to help us recall Jesus. If you really like cookies, you will be thinking about Jesus a lot.

But what if this year we all try something a bit more challenging? Something more integral to our day to day life such as not shopping for anything other necessities online, or not bring our cell phone with us to meals, or turning on the television the moment we get home—any of the innumerable things we all tend to do quite unconsciously? One year, I made a Lenten vow to not say anything catty about anyone and as I have joked with folks since then, I did not say much that Lent. Seriously though, I was amazed how often little sarcastic comments would come to mind. It caused me to think deeply of what it means to take on the mind of Christ.

Some people like to tell others what their Lenten discipline is in order to be held accountable. Others keep the practice to themselves, quiet time between them and God. Regardless, returning to Gertrud Mueller Nelson's comment of how Lent is a journey to wholeness and healing, and Frederick Buechner's comment about this being a time to learn who we truly are, the important thing is to engage whatever practice we take on this Lent with compassion and knowledge of God's constant presence. To do it out of love for the one who loved and knew us first.

¹Frederick Buechner, *Whistling in the Dark, A Doubter's Dictionary* (New York: HarperSanFrancisco, 1993), p. 82.

**Sunday
February 16
4 p.m.
in the Chapel**

REGENERATION

**A CONTEMPORARY
Worship Service**

 **ST. BARTHOLOMEW'S**
EPISCOPAL CHURCH

16275 Pomerado Road
(858) 487-2159
stbartschurch.org

Thrift Shop Ministry Ends After 54 Years

St. Bartholomew's Thrift Shop

We opened for business on October 3, 1966, with leftover items from a rummage sale. First day sales amounted to \$4.11. Ilene Littlefield, one of our founders, made the first purchase. Since then, our shop has moved three times, ending at our present location on Poway Road.



For many years the shop was under the leadership of the Women of St Bart's. A formal Thrift Shop Advisory Board was established in 1982, many of our Thrift Shop volunteer parishioners have served on this board. Thank you!

We could not have continued through the years without our wonderful volunteers, including those who are not St Bart's members but believed in what we were doing. We have lovingly supported many charitable organizations, including a school in Haiti. The shop has touched many lives, special friendships have been made while working together & these friendships continue to this day.

We also thank all of you, who have donated items throughout the years, we would not have had a thrift shop without you.

This ministry has been a pleasure & privilege to all of us who have worked at the Thrift Shop. Our manager, Laurie Wathen, has overseen daily operations, she has given us a family atmosphere. Everyone has played an important role, many lives have been touched.

It is with great sadness that we close our doors to our customers on Saturday, February 22, 2020, after more than 53 years.



The St. Mark Passion: A Choral Masterwork for Lent

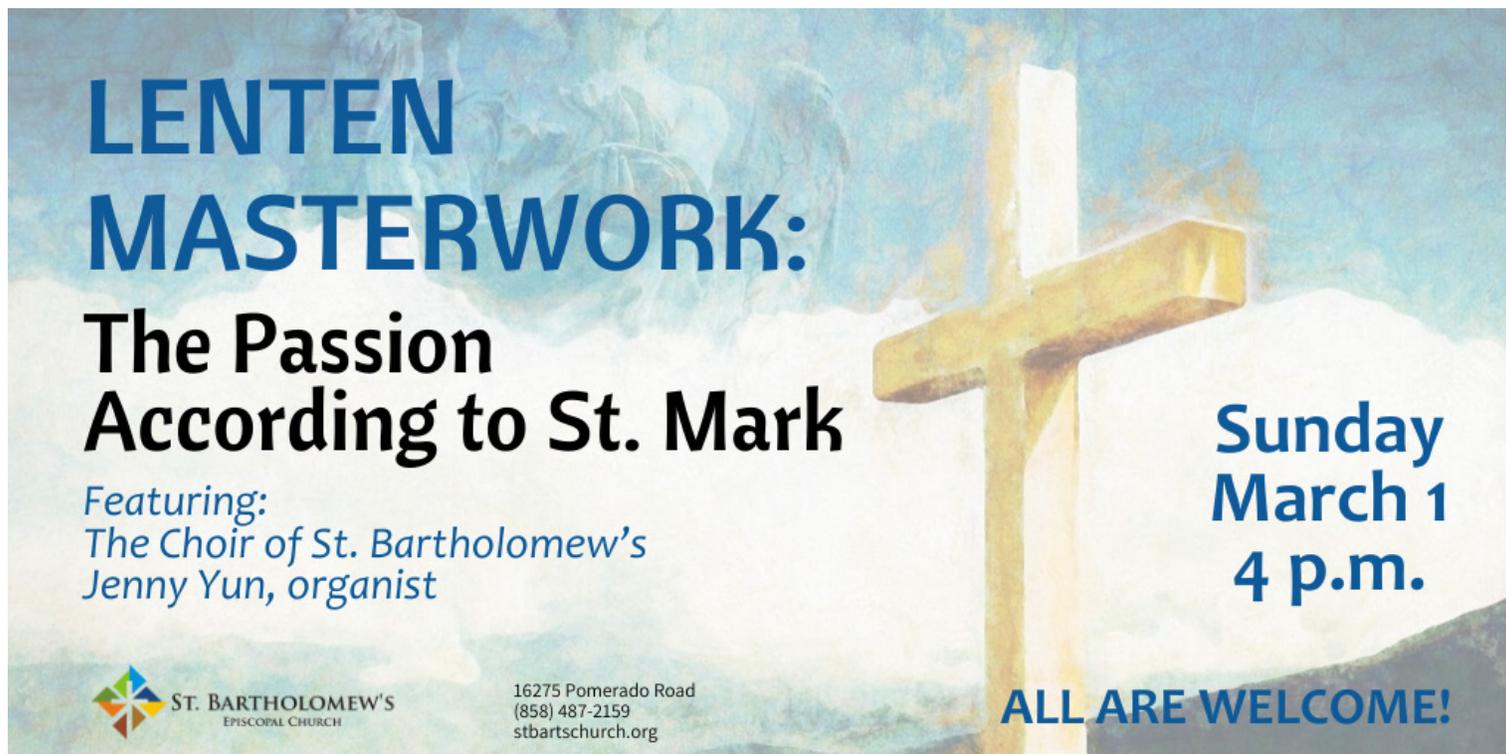
The Rev. Mark McKone-Sweet

On March 1, at 4:00 pm, the St. Bart's Music Ministry will present a large-scale dramatic work, *The St. Mark Passion*, by Irish composer Charles Wood (1866-1926). The piece is a dramatic, contemplative Passion, with solos, choruses, instrumental passages, and hymns for the congregation to participate in. We continue the St. Bart's annual tradition to present a large musical work in the season of Lent: a *Passion*, *Mass*, *Oratorio*, or other appropriate work for the season.

What is a Passion? A Passion is a musical setting of the suffering and Crucifixion of Christ, based either on biblical texts or poetic elaborations. Dating from the 4th century onward, they range from unaccompanied plainsong to compositions for soloists, chorus, and orchestra. Similar to oratorios, they are typically unstaged, but are very dramatic, with vivid interpretations of text through the musical subtlety. We often have the plot advanced through recitative sections, usually by soloists, and then the chorus will respond with emotional reflections on the drama, and often contextualize the plot into a moral teaching.

The *St. Mark Passion* depicts the Passion of Christ, from the scene in Gethsemane to Jesus' death, with several contemplations along the way on the story's context and perspective. The music is filled with very contrasting sequences, as the music will often go from *ff* (very loud) to *pp* (very soft) in a matter of seconds. In 5 sections, Wood composed this work over the course of nine days in August 1920 and it received its first performance the following Passiontide in King's College Chapel, Cambridge. The work calls for solo tenor (evangelist), solo baritone (Jesus), chorus and organ, as well as minor roles for five solo basses and two solo trebles.

It is through your support that we are able to present these large-scale concerts, and we thank you in advance for your attendance and generosity. We look forward to seeing you on March 1 for our collective exploration and ingestion of the Passion story as we begin our Lenten journey together.



**LENTEN
MASTERWORK:**

**The Passion
According to St. Mark**

Featuring:
The Choir of St. Bartholomew's
Jenny Yun, organist

**Sunday
March 1
4 p.m.**

ALL ARE WELCOME!

 ST. BARTHOLOMEW'S
EPISCOPAL CHURCH

16275 Pomerado Road
(858) 487-2159
stbartschurch.org

Can You Reach Higher?

The St. Bartholomew's Stewardship Team

The theme of our 2020 Pledge campaign is to Love Generously through the sharing of Time, Talent and Treasure. A sincere thanks to all of you who have pledged a part of your treasure to St. Bart's and are participating in our holy mission. We are very close to being able to achieve our strategic plan of adding a Director of Congregational Development to the church staff. This role would allow us to expand our fellowship and touch even more of God's people with good works and acts of faith and kindness.



After much thought and prayer, we have decided to ask those of you who are able to increase your 2020 pledge by just a little to allow for the addition of this critical new role to our parish team. We realize that many of you have already pledged as much as you possibly can, and for that we are very appreciative. This appeal is for those who are able to reach slightly higher. Details of our 2nd appeal were emailed to church members on February 1. You can complete the 2nd appeal card to increase your 2020 pledge by using the card in the pews or completing the form online.

stbartschurch.org/2nd-appeal-2020

The embodiment of our inspired vision for St. Bart's is a radically inclusive faith family. It is serving people that matters the most, and how we serve others determines who we are in God's eyes. Our common goal is to be a strong, vital and growing church community of faith, hope and love - one where all are truly welcome.

2ND APPEAL 2020

To add our Congregational Development Director, I can reach higher and increase my annual 2020 pledge by:

\$250 \$500 \$ _____

This is my first pledge: \$ _____

Name(s): _____ Phone: _____
Signature(s): _____ Date: _____

Thank you for allowing us to touch more of God's people with good works and acts of kindness.

ST. BARTHOLOMEW'S
EPISCOPAL CHURCH

Diversity & Inclusion Workshop

Costa Dillon

As part of our efforts to develop a parish community that is welcome to all and illustrates the principle of All Are Welcome – No Exceptions, we will be holding a Diversity and Inclusion Workshops for members



of St. Bartholomew's Episcopal Church. This workshop will explore what we mean by diversity and inclusion, as well as recognizing and identifying barriers to inclusion. It will be led by Costa Dillon, Vestry member and retired National Park Service ranger with extensive experience in teaching and training. To register contact Beth Dean, bdean@stbartschurch.org.

**Saturday, March 7
9 a.m.-1 p.m.**

Beyond Care Giving: A Post for Everyone

Dawn Starry

Beyond Care Giving is a space is for anyone who is a caregiver and for anyone who knows a caregiver. Each month the posts will discuss topics that pertain to those who provide care for loved one and for the family and community of the caregivers. Topics will include but are not limited to, self-care, best practices and ways family and community can support caregivers.

Caregivers, please consider sharing with Dawn via email (DawnStarry11@gmail.com) examples of support that you wish that you might receive from your church community and your other communities.

If you know a caregiver, please consider sharing with Dawn via email (DawnStarry11@gmail.com) ways that you have offered to support to those taking care of others.

Dawn Starry holds a masters in pastoral care and counseling and has been serving as a pastoral counselor since 2006. She is currently accepting and seeing clients at St. Bartholomew's on Mondays.

Change is the Only Constant

Patricia Johnston

St Bartholomew's has been through many changes in the last 60 years. As we look to the future, I would like to share some of those changes I've witnessed and experienced.

My first Sunday at St Bartholomew's was Easter Sunday, April 1969. I walked into the Parish Hall with my three daughters ages 3, 4 and 5. I was welcomed with open arms by this small but very dynamic woman by the name of Mary Davis. Her wide eyes and huge smile was welcoming and before I knew it she had me signed up to be a Sunday School teacher and sitting on the ECW board as United Thank Offering Chair. I was now calling St Bartholomew's my home.

In September of 1968, the Parish members moved into their new building. It was actually two buildings connected by a breezeway. The north side was our Sanctuary and the South was the Parish Hall/Sunday School.

St Bartholomew's was a Mission in the San Diego Convocation, part of the Los Angeles Diocese. Our Vicar was Father Mort Ward. After a couple of years, I was elected to the Bishop's Committee. We were starting the process of becoming a Parish. This would be a big change because we would be financially on our own. Father Ward was called to be our first Rector and asked me to be Senior Warden.

As the Parish grew, it became obvious that we would have to expand or build a new Sanctuary. A survey went out, and we started a building fund. We broke ground and the church was built. It was a big adjustment from what we had. With more space in the Parish Hall, a big beautiful kitchen was installed. We could now have more functions with better food preparations. The breezeway was closed in and a second-story room was built to become our Conference Room.

In the meantime, women were finding their place in the church. My daughters were among the first female acolytes. Women were being ordained priests. Having a Roman Catholic background this was all very new and different to accept, and at first, I didn't. But I kept trying and after I met one wonderful woman priest, Carolyn Richardson, my attitude toward women priests in the church changed.

Changes also came by the way of new leadership. Father Ward was called to another church. After searching, we decided to ask our semi-retired Associate Priest, Shradly Hill to be Rector. He accepted our call. Father Hill was a former Rector in an episcopal church in upper New York State. He and his wife retired to Rancho Bernardo. One of the most impacts he made, that I can

remember was forming a separate board for our thrift shop. With his help and financial advice, the shop thrived.

Father Hill retired for the second time and we called Ed Mullins to be our new Rector. More change took place. A new Administration Building was built freeing more space in the parish hall. The second story conference room became The Nook for checking out books. More changes led to the original sacristy becoming a broom/storage room and the Rector's office now belongs to the Sexton. Sometime later a wall went up in the original sanctuary making a room for the quilters. More space led to more ministries beginning and the opening of our Columbarium in 1993.

Next came Father Gary Nicolosi. Changes included the Music/Sunday School Building being built with the development of a Music Academy, under the direction of our Music Director.

When St Gabriel Catholic church gave up their Nursery School, we picked up their enrollment to start St Bartholomew's Preschool.

Fewer changes came with Father Fred Thayer. The church parish stayed at status quo. Maybe a few changes in the Sanctuary but I don't recall anything on a large scale.

With the parish quieting down, Father Mark was called, it was like a breath of fresh air had blown through our Campus and awakened us. Father Mark is my 6th Rector that I have served under. I have chaired or participated in almost all the ministries. I have witnessed all the changes that have taken place during the past 50 years. Did I like them all, of course I didn't. Change is uncomfortable.

My Home away from Home, as I like to call St. Bartholomew's, is now in the process of more and bigger changes. Suddenly I find I am experiencing a bit of nostalgia with our existing parish hall eventually being torn down. It was brand new when I arrived and I spent many hours praying, working and just plain having fun building memories.

I have had my share of change, But change must happen to keep up with the next generations. The past is just what it is, the past. You have to move forward and embrace change if you plan to stay alive and grow. I'm sure I will again find it uncomfortable but I plan to give it all a try. I hope we all do the same.



All Aboard the VBS Railway

Maureen Hovannesian

Vacation Bible School at St. Bart's is scheduled for June 15-19 for children age 3 years old through 5th grade. Older children and teen, 6th grade and older, are welcome to volunteer for the week. Of course, we always welcome adult volunteers.

This year's VBS theme is Rocky Railway. At Rocky Railway, kids discover through life's ups and downs that Jesus' power pulls us through. Kids participate in memorable Bible-learning activities, sing catchy songs, play teamwork-building games, engage in fun snack-eating experiences, take part in one-of-a-kind Bible Adventures, collect Bible Memory Buddies to remind them to trust Jesus.



Early registration begins February 10 with a \$5 per family early registration discount. Registration continues until spaces are full, which happens quickly. Don't miss out! Register early!

For more information about St. Bart's VBS or to volunteer yourself or your teen, contact Maureen Hovannesian, mhovannesian@stbartschurch.org.

All aboard for fun at VBS



June 15-19 9 a.m.-12 p.m.

3 years-5th Grade
(grade in fall)

\$60
per child
\$5 per sibling
discount

Early Registration
Begins February 10

\$5 early registration
discount per family



Register at
stbartschurch.org/vbs

Register online

stbartschurch.org/vbs

Ash Wednesday

February 26

7 a.m.

12 p.m.

4 p.m.

7 p.m.



ST. BARTHOLOMEW'S
EPISCOPAL CHURCH

stbartschurch.org

Meet Youth Director Courtney

Courtney McWilliams

Hello! Courtney here! I'm so excited to have joined the team here at St. Barts as the new Youth Director. I wanted to take the time to introduce myself to you all. A little bit about my background: I grew up in Indiana, as an adult I lived in several different states as well as overseas. I was a full-time missionary in my early 20s



serving in Southeast Asia, East Africa and Central America. I gained a lot from that amazing experience, loving and serving people from many diverse backgrounds. I also worked as a youth director in a small town in east Texas for several years, as well as spent a year in Spain at a leadership academy. I enjoy traveling to new places, rock climbing and exploring all that San Diego has to offer. I've only been here at St. Bart's a few months, but I can tell you now that I have already fallen in love with this community, particularly the youth. I have enjoyed every second with this diverse group of talented and imaginative students. How they look at the world around them, would inspire you and give you hope for their generation. We have some exciting events coming up to continue to feed that lust for life and empower them to be the leaders of their generation.

When I was hired on, within days I was riding in a van full of teens headed for Los Angeles to learn and serve those who are experiencing homelessness. The passion, love, and kindness that flowed out of these young people were not only encouraging but inspiring. The conversations I got to have with them made me even more excited for what will evolve within them and this group. They know how to ask the right questions and take action towards a better tomorrow. They aren't just a bunch of "loud kids" they are mature young people who have beautiful hearts that will be the change this world needs. Have faith in them, love them and most of all empower them. Soon we will be going to Mexico to build a house for a family in need. We won't just build them a house but we will build relationships with this family and pour into them the love that we know so well. Thank you for allowing me the wonderful privilege of leading them. I am excited for what God has in store for us all.

Peace & Love, Courtney

Youth CREW Selling Masks for Zydeco Mass

Courtney McWilliams

St. Bart's youth are making masks our Zydeco Mass celebration as a fundraiser for the 30 Hour Famine they will be participating in at the end of February. Masks cost \$10 and orders can be placed in the courtyard after Sunday services, by emailing Courtney, Youth Director (youth@stbartschurch.org) or stop into the church office. Deadline to order a mask is February 19. Masks can be picked up on Sunday, February 23 or the day of Zydeco on February 25. Proceeds of the mask fundraiser will go towards 30 Hour Famine to raise money for underprivileged students to have meals during the summer through the non-profit Care House.



Preschool Enrolling for 2020-2021 School Year

Sheila Martin

Now enrolling for the 2020-2021 School Year! Registration has started and classes are filling quickly! **If would like to tour the school, contact the preschool office, 858-487-2140. Visit the preschool website stbartsprechool.org for more information or to download the enrollment forms.**



Download Registration Forms

stbartsprechool.org

Regular Meetings

SUNDAY

Children's Choir Rehearsal (ages 7-13)

11:45 a.m.-12:30 p.m.

Interfaith Community Services (ICS) - Merle's Place

1st & 3rd Sunday, 4-6 p.m.

Contact Jill Henderson, 760-807-8445

MONDAY

Boy Scouts

7 p.m., Parish Hall

Handbell Choir Rehearsal

7 p.m., Choir Room

TUESDAY

Prayers and Squares Quilt Ministry

Tuesdays (except fifth Tuesday), 1 p.m., Quilt Room

Centering Prayer

5 p.m., Education Building, Room 3AB

Our Space

2nd & 4th Tuesdays, 6:30 p.m., Education Building 1st Floor

WEDNESDAY

Interfaith Community Services (ICS)

Serve breakfast, fourth Wednesday 6 a.m.

Contact Jill Henderson, (760) 807-8445

Thrift Shop Work Night

Last Wednesday at 4 p.m., Thrift Shop

Schola Cantorum Rehearsal

6 p.m., Choir Room

Youth CREW

6 p.m., Youth Room, September-June

String Ensemble Rehearsal

7 p.m., Choir Room

THURSDAY

B.P.U.S.A. - Bereaved Parents

4th Thursday, 6:30 p.m., 3AB

Choir Rehearsal

7 p.m., Music Room

Support Groups

AA MEETINGS

Sundays, 6 p.m., South Parish Hall

Mondays, 9:30 a.m., Parish Hall (Women only)

Tuesdays, 12 p.m., South Parish Hall

Tuesdays, 5:30 p.m., South Parish Hall (Women only)

Wednesdays, 6:45 p.m., Parish Hall

Thursdays, 12 p.m., South Parish Hall (Beginners)

Fridays, 9:45 a.m., South Parish Hall (Women only)

Fridays, 12 p.m., South Parish Hall and 6 p.m., Room 3AB

Saturdays, 9:30 a.m. and 12 p.m., South Parish Hall

AL-ANON

Mondays, 12 p.m., South Parish Hall

Tuesdays, 12 p.m., Parish Hall

About News from the Hill

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News from the Hill is a monthly publication of St. Bartholomew's Episcopal Church, 16275 Pomerado Road, Poway, CA 92064.

Editor: Kristeen Evans, Communications Manager

Deadline for submission of articles and announcements is the 10th of the month for the next month's newsletter. We welcome your submissions of information for publication. Please contact news@stbartschurch.org.

St. Bart's Social Media & App

Stay connected to St. Bartholomew's where ever you are! Follow us on social media - our handle is [stbartspoway](https://www.facebook.com/stbartspoway). Make sure to download the St. Bartholomew's app too!

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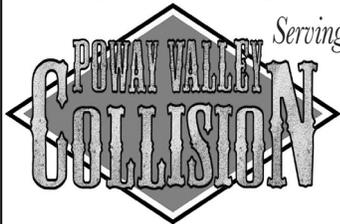
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Saturdays: 5 p.m.

Office Hours

Monday through Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 1 p.m.

Clergy and Staff

Clergy

The Rt. Rev. Susan Brown Snook, Bishop 619-481-5454

The Rev. Mark C. McKone-Sweet, Rector 858-432-7107 | revmark@stbartschurch.org

The Rev. Canon Allisyn Thomas, Associate Rector. 858-432-7114 | athomas@stbartschurch.org

Honorary Clergy

The Rev. Robert Crafts, Priest-in-Residence

The Rev. Roy E. Hoffman, Priest-in-Residence

The Rev. William Zettinger, Deacon-in-Residence

Music Ministry

John-Luke Addison, Director of Music, Principal Organist. 858-432-7112 | jladdison@stbartschurch.org

Jenny Yun, Organist

Christian Formation for Children and Youth

Maureen Hovannesian & Karen Matsumoto, Children's Ministry Directors children@stbartschurch.org

Courtney McWilliams, Youth Director youth@stbartschurch.org

St. Bartholomew's Preschool 858-487-2140

Cheri Hoffman, Director preschool@stbartschurch.org

Sheila Martin, Assistant Director

Administrative Staff

Beth Dean, Parish Administrator 858-432-7110 | bdean@stbartschurch.org

Kristeen Evans, Communications Manager 858-432-7104 | news@stbartschurch.org

Lisa Saldamando, Bookkeeper 858-432-7105 | lsaldamando@stbartschurch.org

Treasurer. 858-432-7119 | treasurer@stbartschurch.org

Mike Jewett, Sexton. 858-432-7120

Pastoral Care Coordinator

Cathie Roy pastoralcare@stbartschurch.org

St. Bartholomew's Thrift Shop 858-486-2110

Laurie Wathen, Manager stbarts@att.net

Vestry and Terms

Jim Macemon, Senior Warden (2022)

Nancy Peterson, Junior Warden (2022)

Larry Burgess (2022)

Mark Davis (2023)

Rachel Demler (2023)

Costa Dillon (2021)

Shinobu Horne (2023)

Susan McCormick (2023)

Jim Oaks (2023)

Cathie Roy (2021)

Will Smith (2022)

George Tynan (2021)

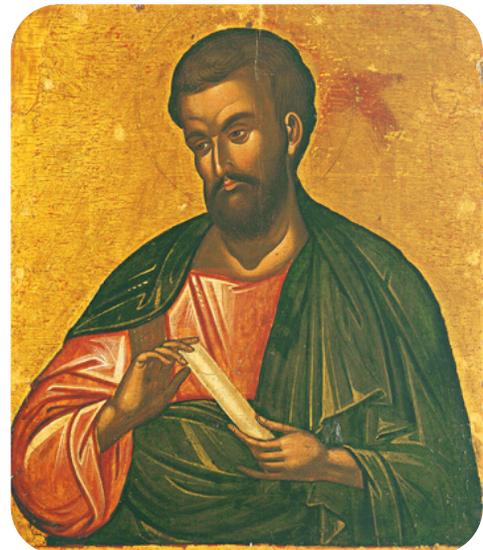
Will Oakes (2021) - Youth Representative

Fr. Mark McKone-Sweet

Terry McCune, Treasurer

Pauline Getz-Enos, Chancellor

Akiko Tamano, Clerk





ST. BARTHOLOMEW'S
EPISCOPAL CHURCH

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News from the Hill

February Issue
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stbartschurch.org

Change Service Requested



Shrove Tuesday *Zydeco Mass*

Tuesday, February 25 at 6 p.m.

Come celebrate Shrove Tuesday with a zydeco service - festive music, dancing (yes, in the sanctuary), and make sure to wear a mask! This is your chance to kick up your heels before the somber season of Lent begins. We'll end the evening with a festive cajun dinner. All are welcome!



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