



ST. BARTHOLOMEW'S EPISCOPAL CHURCH

News from the Hill

August 2019

Poway, CA

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Please Spend Time With Me

The Rev. Canon Allisyn Thomas

*There is more to life than merely
increasing its speed*

~Gandhi

As summer starts to wind down to a close, I find myself once again surprised at how fast the months fly by. To state the obvious, it has been a busy season: Father Mark and his family left for his sabbatical in May; Mother Mary Lynn left St. Bart's the end of June; Maureen Hovannesian and Karen Matsumoto joined our staff as our children's ministers; John-Luke and Michelle Addison got married;

we have had two summer soirees (with one to go on August 7); there have been lots of Let Us Entertain You events in which we ate, drank, watched movies, swam, and cooked to our hearts' content; we have worked diligently on Phase 1 of our redevelopment project (check out the new chapel, it's is beautiful!); book clubs are going full swing; Feeding San Diego increased the amount of food it provides folks in need; the Thrift Shop served people from all over the area; there was a Cursillo Ultreya with people

attending from throughout the dioceses; we are working on updating our strategic plan; examining how we can be an even more welcoming church; and oh yes, worshipped God and attended church.

As I write this, I know I must be leaving things out but you get the idea—things around here have been hopping. It is one of the reasons being part of this community is so rewarding and well, fun.

And at the same time, in the midst of so much busyness finding time for quiet, reflection, and renewal often gets lost.



This is an on-going challenge in our society—finding balance between being a human doing and a human being. Most of us are pretty good at the “doing” part and not so good at the “being” part.

I find it ironic, and I include myself in this, that even vacations, what are supposed to be times taken out of our day-to-day busyness, can be exhausting from over-scheduling activities, with

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Please Spent Time With Me

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The Rev. Canon Allisyn Thomas

next to no downtime. How many times have we, somewhat humorously, bemoaned how we need to take a vacation from our vacation?

Humor aside, this way of living is contrary to our very creation. In Genesis 20:8-11 we read:

Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days, the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Wayne Muller in his lovely book, *Sabbath, Restoring the Sacred Rhythm of Rest* puts it this way:

All life requires a rhythm of rest. There is a rhythm in our waking activity and the body's need for sleep. There is a rhythm in the way day dissolves into night, and night into morning...In our bodies, the heart perceptibly rests after each life-giving beat; the lungs rest between exhale and inhale.

So as we move from summer to fall, the opportunity before all of us is to claim this need for rest and renewal, not because we “should” but because out of love God calls us to.

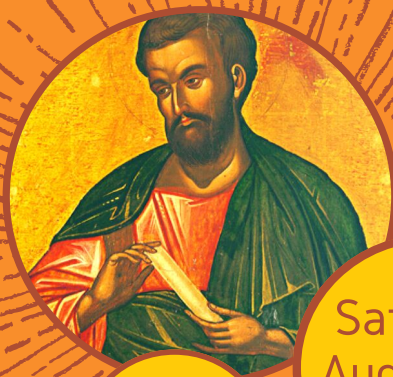
I will end with a personal story. One year during Holy Week I was running frantically around trying to take care of last-minute details on the many services that would take place. I looked up to the heavens and said, “God, please help me get everything done!” And in response, I heard, “Please just spend time with me.”

“Please just spend time with me.”

This is the simple request God asks of each of us, and in return, we are given the peace that passes all understanding.

May we all simply sit with God. There is no finer way to spend the time given to us.

ST. BART'S DAY



Saturday
August 24
6 p.m.

Celebrate St. Bart's Day with a family barbecue picnic, activities for the kids, and blessing of the new Chapel and Youth/Meeting Room!

In the church picnic tradition, please bring a dish to share: last names ending in A-M bring a salad or side and N-Z bring a dessert.

FOOD • FELLOWSHIP
FUN FOR THE FAMILY



ST. BARTHOLOMEW'S
EPISCOPAL CHURCH

Music Ministry Fair

John-Luke Addison, Director of Music

It's that time of the year again: the start-up of the Music Ministry program year! We are so excited to get things back up and running, and we want YOU to be involved! Have you ever thought about whether you may want to be part of the Music Ministry? There are many ways to be involved, as we have several ensembles, with participants who have little or no music experience, to those who have been making music their whole lives. There truly is something for everyone in our program. And if you're already involved in one ensemble, maybe you would like to try another as well! We especially are looking for more Children and Youth to participate, as there is no age limit or skill level required for any of our groups! And this year, we are laying the groundwork for our NEW St. Bartholomew's Choir School that will provide music lessons (instrumental and theory) for young individuals, as well as a variety of vocal ensembles.

On Sunday, September 1 after the 10:15 a.m. service, we will have a Music Ministry Fair on the patio to provide information on all our ensembles and collect names of individuals who may want to try out an ensemble this year. And don't worry about hectic or inconsistent schedules. We are happy to work around whenever you are available and give you any support you may need. Even if you can't make the Music Ministry Fair, please send me an email or give me a call if you are interested in being involved (jladdison@stbartschurch.org or 858-432-7112).



St. Bart's Ensembles

Parish Choir: 40+ member ensemble that sings every 10:15 service plus Evensong, concerts, and other special events and services, and sings a rich variety of repertoire.

Chamber Choir: Smaller choral ensemble that sings most 10:15 services and other services, focusing on a cappella and more intricate repertoire.

***NEW* St. Bartholomew's Choir School:** Choirs and music lessons (instrumental and theory) for young individuals (ages 7-18) that sing 1-2 times monthly and for other special events.

Schola Ensemble: Vocal ensemble that specializes in meditative music, including Plainsong, Taizé, and other music for contemplation, and sings 1-2 times monthly.

***NEW* ReGeneration Ensemble:** Musicians and singers that play at the new monthly ReGeneration contemporary service.

Handbell Choir: 3-4 octave Handbell ensemble that plays a variety of repertoire, and plays 1-2 times monthly.

String Ensemble: Ensemble for stringed instruments (violin, viola, cello, contrabass) that plays once monthly, as well as for special events and concerts.

Brass Choir: Ensemble for brass instruments (trumpet, trombone, horn, tuba) that plays once monthly, as well as for special events and concerts.

Gathering Instruments: Musicians who play any instrument (guitars, drums, flute, oboe, violin, saxophone, etc.), that play gathering and other music every 10:15 service.

Children's Ministry News

Maureen Hovannesian & Karen Matsumoto

This summer has been full of adventure for St. Bart's Children's Ministry. Summer began with a ROAR! - our week-long African safari-themed Vacation Bible School. There was singing, science, crafts, games, and storytelling to share the message of God's unending love for us all.

Summer Children's Chapel began in June. Each Sunday, we gather during the 10:15 a.m. service to "Sing a Song of the Saints of God." We are having a wonderful time learning about Saints, ordinary people who found special ways to share God's love with the world. Each week we explore a new Saint complete with music and crafts.

If you have been to one of St Bart's Summer Soirees, then you know our youngest parishioners have been joining in the fun - learning about Guatemala and Wales for far while enjoying crafts that reflect each culture.



Mark your calendars for these upcoming Children's Ministry events:

Sundays through August 8 Summer Children's Chapel - We begin in church and then gather together and head into the Education Building.

August 7 Summer Soiree Ireland - Irish food, music and another fun craft for kids.

August 18 Backpack Blessing - Bring your backpack for a special blessing as you prepare to start a new school year.

August 24 St. Bart's Day - Celebrate St. Bart's Day with food, fun, and friends.

August 25 Sunday School Open House and Registration - Register for Sunday School, meet our teachers, connect with friends old and new.

September 8 Grandparents Day Luncheon - Bring your grandparents (grown-ups bring your grandchildren) or adopt one for the day.

September 15 Sunday School Begins - Welcome back to another year of learning and growing together.



Preschool Update

Jen Shah

St. Bart's family and community, we at the Preschool are so excited about starting another school year on September 3. We will have many new and returning families in the year ahead, with only four remaining spots to be filled in the 2-day 3's classes. Then our program will be at capacity. Should you know of any family or friends looking for a preschool please have them give us a call at (858) 487-2140 to tour our amazing campus, learn about our programs, and meet our staff.

ST. BART'S PRESCHOOL
2019-2020

WE ARE CURRENTLY ACCEPTING REGISTRATION
FOR OUR FEW REMAINING SPOTS IN THE
2-DAY 3'S AND 2-DAY 4'S PROGRAM

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Our teaching team has been hard at work this summer preparing for the school year ahead and for our Open Houses on August 27 and 28. Our Open House will be an opportunity for families to meet their teachers, visit their classroom and explore the Preschool and St. Bart's campus. Following the Open House, we are offering an All School Playdate at the Rancho Bernardo Community Center on August 30 from 9:30 to 11 a.m.

Our teaching team is so excited to spend the year ahead with their new and returning students. We hope the time our students spend at St. Bart's Preschool will become a precious and memorable foundation of loving to learn. The team feels strongly about creating a safe and caring environment, students can grow socially, emotionally, and academically through play and new experiences.

We will have two new employees joining us this year - Margie Fiocco and Janine McCann. Both new members come to us with many years of teaching experience at Community Christian Preschool. Both will be instrumental in our 2's and 4's program as we transition into another amazing year. Please give them a warm welcome if you see them on campus.

What Should We Do Now?

The Rev. Bill Zettinger

The shooting that took place at the Tree of Life Synagogue in Pittsburgh and Chabad in Poway was like most of the mass shootings we have experienced. We live through these tragic events with various degrees of hatred, disbelief and hope. But why hope?

I say hope, because most people of goodwill, and certainly people of faith, live with hope and by hope. Every day throughout the United States, Jews interact with people in all walks of life. And every day, thousands, yes, even millions, of such interactions are examples of people living together with respect hope and goodwill.

Many of you know I grew up in Brooklyn and while growing up I had many Jewish friends. My relationship with the Jewish community continued into my professional career with the many Jewish friends I knew in this country and Israel.

In a religiously pluralistic and multi-ethnic culture, we arguably get along just fine 99.99 percent of the time. We help each other, we show respect and we offer support.

Then the specter of evil rears its ugly head. With motive, means and opportunity, the evildoer assaults our hope with hatred. And it's like we have to start all over again.

It's no coincidence that most of these attacks are upon the innocent at school studying their lessons, or at church or Synagogue praying and worshiping. Those whose minds and hearts are filled with hatred, bitterness and a thirst for violence attack those who embody the ideals of innocence, education, and faith. In that way hatred is cowardly.

A friend of mine recently said "It is important for Christians to recognize that what is perfectly lawful and permissible for everyone else is not necessarily lawful and permissible for we Christians. That the ways of Jesus and the ways of the world – even the world of mainstream America – are not the same; nor should we expect them to be". And even though I believe most Americans are good; holding to a code of moral secular behavior is no assurance of goodness and virtue.

Then there is Jesus who makes some special demands on us that occasionally requires us to be out of step with the culture. It is only when we recognize we are different from the world that we have a chance of being strong enough to obey the teachings of Jesus in those areas of living that make a difference in our lives.

We Christians are indistinguishable from other Americans. And yet, there is something extraordinary about how Jesus asks us to live. We pass our days upon the earth, but we are also citizens

of heaven. We are obedient to the laws yet we live on a level that transcends the law.

This notion of the Christian as being different – as being in the world but not of it – has come down faithfully from the Apostles to modern Christianity. The most influential devotional work in English, at least for Protestants, is John Bunyan's *Pilgrim's Progress*.

In it there is the image of a Christian as an alien citizen, a traveler just passing through those parts on the way to the promised land.

It becomes obvious why we Christians must be pilgrims and alien citizens: a bit "different" from the world around us when one considers how Christian virtues make no sense to the world.

For example, think about this. What's the most important commandment? Jesus was asked. And Jesus says, Love God, and love your neighbor as yourself on these two commandments hang all the law and the prophets. In the Luke version of this encounter, Jesus goes on to explain who that neighbor is.

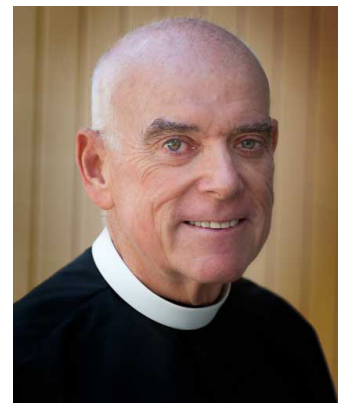
In short, It's the person who's not like us. I think of the crisis at our border and am troubled and puzzled about what I as a Christian should do. I am troubled about school and church shooting and all random acts of violence but what should I do? I know that Jesus is calling each of us to do something. But What?

What do we do now? Here is one possible approach. We might spend our time and energy searching for the stranger and alien among us, and commit acts of virtue on his or her behalf, not violence.

In so doing, we love God, we love our neighbors and we fulfill the most important laws of God.

The lawyer who posed the question thought Jesus' response was spot on. "You're right," he said. "Loving God and our neighbor are much more important than burnt offerings."

Jesus liked this comment. He said, "You're not far from the kingdom." These tragedies are a reminder to persist with hope, to persevere in our love for God and to be relentless in our love for the "other," the stranger, the alien — our neighbor. When we do this we too, may not be far from the kingdom and at least it may be a start.



Our New Bishop: The Rt. Rev. Susas Brown Snook

Hannah Wilder, Communications Director,
Episcopal Diocese of San Diego

The Rt. Rev. Susan Brown Snook was ordained and consecrated as the fifth bishop of the Episcopal Diocese of San Diego on June 15 at St. Paul's Cathedral in San Diego. Brown Snook is the first woman to serve as bishop in the diocese's 45-year history.

The Episcopal Church's 26th presiding bishop, and the assisting bishop of the Episcopal Diocese of San Diego from 2017 through 2019, the Rt. Rev. Katharine Jefferts Schori, led the service as chief consecrator and bishop presiding. Co-consecrating bishops include:

- The Rt. Rev. Dr. Edward J. Konieczny, Bishop of Oklahoma
- The Rt. Rev. Mary Gray-Reeves, Bishop of El Camino Real
- The Rt. Rev. James Mathes, Fourth Bishop of San Diego
- The Rt. Rev. Gregory H. Rickel, Bishop of Olympia
- The Rt. Rev. Kirk S. Smith, Fifth Bishop of Arizona
- The Rt. Rev. John H. Taylor, Bishop of Los Angeles
- The Rt. Rev. Ricardo Joel Gómez Osnaya, Bishop of Western Mexico, Iglesia Anglicana de México
- The Rev. Dr. Andy Taylor, Bishop of the Pacifica Synod, Evangelical Lutheran Church in America
- The Rt. Rev. Dr. Kay Ward, Moravian Church in America, Northern Province

The Rev. Scott Gunn, executive director of Forward Movement, was the preacher. Following the service, a celebratory reception was held at The Abbey next door to St. Paul's Cathedral.

On June 30, the newly consecrated bishop was formally welcomed and seated at St. Paul's Cathedral at the 5 p.m. Evensong service. Her seating in the cathedra, or bishop's chair, is symbolic of the bishop's office.



Brown Snook has served as the canon for congregational growth in the Diocese of Oklahoma since 2017. From 2006 to 2017, she served in the Diocese of Arizona as the church planter, vicar and then rector of a new Episcopal Church in Scottsdale, Arizona, The Episcopal Church of the Nativity.

Brown Snook attended college at Rice University in Houston, Texas, where she earned her bachelor's in English and managerial studies, and her master's in business administration, and accountancy. She and her husband, Thomas Snook, have two adult daughters, one of whom lives in San Diego.

Brown Snook succeeded the Rt. Rev. James Mathes, who had served for 12 years. The Episcopal Diocese of San Diego was established in 1973 and has approximately 15,000 members across 43 congregations in the Southern California region.



Sabbatical Soirees

Kristeen Evans

This summer St. Bart's has had a wonderful excuse to host parties - Fr. Mark's sabbatical. No, it's not a case of when the cat's away. Really! Each of the three Sabbatical Soirees allows the St. Bart's family to experience a land with special family significance for Fr. Mark and his family. We've travelled right along with Fr. Mark and his family to Guatemala the birthplace of their son Marcos and the British Isles - Fr. Mark's Welsh roots and Kate's Irish roots.

We've welcomed guest preachers with Sunday sermons from each of these countries. In June we heard a sermon from Fr. Carlos Garcia, Diocesan Hispanic Missioner and Priest-in-Charge of St. Philip's in Lemon Grove. July brought us Fr. Richard Lee, Priest-in-Charge at St. Mark's City Heights, who was born in Leicester, in the heart of the England, and went to University in Bangor, North Wales. He not only shared a sermon with us but brought along a Welsh welcome. The first weekend in August, St. Bart's will welcome the Very Rev. Penny Bridges, Dean at St. Paul's Cathedral, who is a native of Northern Ireland.

Of course, we've also gathered together to experience the food and music of each location. These Sabbatical Soirees have provided casual summer evenings of fellowship for our St. Bart's family. If you haven't attended one of these Sabbatical Soirees, please join us Wednesday, August 7 for our final gathering celebrating Ireland.



YOU ARE INVITED TO ST. BART'S
Sabbatical Soiree

This month we gather together to experience the tastes and sounds of Ireland - Fr. Mark's final stop of his sabbatical. Join us for food, music, fun, and fellowship!

Wednesday, August 7
6-8 P.M.

 **ST. BARTHOLOMEW'S**
EPISCOPAL CHURCH

16275 Pomerado Road
(858) 487-2159
stbartschurch.org

Regular Meetings

SUNDAY

Children's Choir Rehearsal (ages 7-13)

11:45 a.m.-12:30 p.m.

Interfaith Community Services (ICS) - Merle's Place

1st & 3rd Sunday, 4-6 p.m.

Contact Jill Henderson, 760-807-8445

MONDAY

Boy Scouts

7 p.m., Parish Hall

Handbell Choir Rehearsal

7 p.m., Choir Room

TUESDAY

Prayers and Squares Quilt Ministry

Tuesdays (except fifth Tuesday), 1 p.m., Quilt Room

Centering Prayer

5 p.m., Education Building, Room 3AB

Our Space

2nd & 4th Tuesdays, 6:30 p.m., Education Building 1st Floor

WEDNESDAY

Interfaith Community Services (ICS)

Serve breakfast, fourth Wednesday 6 a.m.

Contact Jill Henderson, (760) 807-8445

Thrift Shop Work Night

Last Wednesday at 4 p.m., Thrift Shop

Schola Cantorum Rehearsal

6 p.m., Choir Room

Youth CREW

6 p.m., Youth Room, September-June

String Ensemble Rehearsal

7 p.m., Choir Room

THURSDAY

B.P.U.S.A. - Bereaved Parents

4th Thursday, 6:30 p.m., 3AB

Choir Rehearsal

7 p.m., Music Room

Support Groups

AA MEETINGS

Sundays, 6 p.m., South Parish Hall

Mondays, 9:30 a.m., Parish Hall (Women only)

Tuesdays, 12 p.m., South Parish Hall

Tuesdays, 5:30 p.m., South Parish Hall (Women only)

Wednesdays, 6:45 p.m., Parish Hall

Thursdays, 12 p.m., South Parish Hall (Beginners)

Fridays, 9:45 a.m., South Parish Hall (Women only)

Fridays, 12 p.m., South Parish Hall and 6 p.m., Room 3AB

Saturdays, 9:30 a.m. and 12 p.m., South Parish Hall

AL-ANON

Mondays, 12 p.m., South Parish Hall

Tuesdays, 12 p.m., Parish Hall

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News from the Hill is a monthly publication of St. Bartholomew's Episcopal Church, 16275 Pomerado Road, Poway, CA 92064.

Editor: Kristeen Evans, Communications Manager

Deadline for submission of articles and announcements is the 10th of the month for the next month's newsletter. We welcome your submissions of information for publication. Please contact news@stbartschurch.org.

St. Bart's Social Media & App

Stay connected to St. Bartholomew's where ever you are! Follow us on social media - our handle is [stbartschurch](https://www.facebook.com/stbartschurch). Make sure to download the St. Bartholomew's app too!

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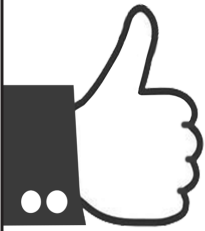
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Worship Services

Sundays: 8 a.m., 10:15 a.m.

Saturdays: 5 p.m.

Office Hours

Monday through Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 1 p.m.

Clergy and Staff

Clergy

The Rt. Rev. Susan Brown Snook, Bishop 619-481-5454

The Rev. Mark C. McKone-Sweet, Rector 858-432-7107 | revmark@stbartschurch.org

The Rev. Canon Allisyn Thomas, Associate Rector. 858-432-7114 | athomas@stbartschurch.org

Honorary Clergy

The Rev. Robert Crafts, Priest-in-Residence

The Rev. Roy E. Hoffman, Priest-in-Residence

The Rev. William Zettinger, Deacon-in-Residence

Music Ministry

John-Luke Addison, Director of Music, Principal Organist. 858-432-7112 | jladdison@stbartschurch.org

Jenny Yun, Organist

Christian Formation for Children and Youth

Maureen Hovannesian & Karen Matsumoto, Children's Ministers. children@stbartschurch.org

St. Bartholomew's Preschool 858-487-2140

Cheri Hoffman, Director. preschool@stbartschurch.org

Jen Shah, Administrator

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Beth Dean, Parish Administrator. 858-432-7110 | bdean@stbartschurch.org

Kristeen Evans, Communications Manager 858-432-7104 | news@stbartschurch.org

Lisa Saldamando, Bookkeeper 858-432-7105 | lsaldamando@stbartschurch.org

Treasurer. 858-432-7119 | treasurer@stbartschurch.org

Mike Jewett, Sexton. 858-432-7120

Pastoral Care Coordinator

Cathie Roy pastoralcare@stbartschurch.org

St. Bartholomew's Thrift Shop 858-486-2110

Laurie Wathen, Manager stbarts@att.net

Vestry and Terms

Jim Macemon, Senior Warden 2022

Nancy Petersen, Junior Warden 2022

Pat Blair 2020

Larry Burgess 2022

Elaine Coke 2020

Susan McCormick 2021

Dan Crane 2020

Mark Davis 2020

Costa Dillon 2021

Cathie Roy 2021

Will Smith 2022

George Tynan 2021

Terry McCune, Treasurer

Pauline Getz-Enos, Chancellor

Akiko Tamano, Clerk






ST. BARTHOLOMEW'S
EPISCOPAL CHURCH

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News from the Hill

August Issue
St. Bartholomew's Episcopal Church
16275 Pomerado Road
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stbartschurch.org

Change Service Requested



**Sunday
August 18
4 p.m.**

ST. BARTHOLOMEW'S
EPISCOPAL CHURCH

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